

Revolutionizing Mind and Body Health!



EMP *advanced*



Truehope EMP™ is specially formulated to deliver the right balance of nutrients to all areas of the body, especially the brain. Over 20 independent studies have shown that men, women and children of all ages have been able to achieve significantly higher levels of mental well-being while using EMP. In time thousands of others have also come to recognize the profound benefits EMP has to offer as a general health multi-vitamin.

\$60

Freeminos



Truehope Freeminos is a mix of 7 vitamins and 23 amino acids, including all of the branch chain and essential aminos. Freeminos is designed to rapidly absorb, providing the body and brain with an ideal balance of amino acids to promote mental & physical wellbeing. For even greater results, take Truehope Freeminos with Truehope EMP Advanced.

\$60

Inositol



Truehope Inositol is a food derived member of the B-complex family that plays an important role in helping cells deliver messages to hormones and neurotransmitters. Inositol promotes proper cellular function within the brain and central nervous system, helping individuals achieve healthy mood and mental balance. For more than a decade, Truehope has successfully used Inositol alongside Truehope EMP to help thousands of clientele alleviate the symptoms of anxiety, compulsive behaviours, insomnia, and various mood disorders.

\$55

BMD *with K2*



Truehope BMD is a unique blend of three vitamins and seven minerals designed to help you develop and maintain stronger bones and joints. We achieve this by ideally balancing the minerals, then applying our proprietary micronization and chelation technology, allowing for greater absorption and delivery within the body. The minerals in Truehope BMD have been balanced within the same optimal range that has proven effective for Truehope EMP. As such, BMD has been shown to work synergistically with EMP and can be taken simultaneously without offsetting the critical mineral balance necessary for EMP to promote optimal mental well-being.

\$55

OLE



Traditionally Truehope has used OLE for its anti-fungal and anti-bacterial properties alongside quality probiotics, to help restore balance to the intestinal flora and increase digestion and absorption of nutrients. This ultimately assists individuals to fully experience the life changing results from Truehope EMP.

\$55

Nascent Iodine *advanced*



Truehope's Nascent Iodine is produced using an advanced patented process wherein the iodine is pre-converted to the form needed to promote proper thyroid function and hormone balance. This form of iodine is bio-identical to what the thyroid has to convert all other forms of iodine to before it can be used. With Nascent Iodine not requiring conversion by the thyroid, it makes for a more gentle supplement that you can expect greater life changing results from, whether or not your thyroid is currently functioning optimally.

\$45

For more information or to reorder please call **1.866.397.3121**
or visit us at **www.truehopecanada.com**

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